

**NAET Virginia**  
9019 Forest Hill Avenue, Suite 3-B  
Richmond, VA 23235  
NAETVirginia.com

GENERAL INFORMATION:

Date\_\_\_\_\_

Name _____	Date of Birth_____
Address_____	City/State/Zip_____
Home Phone_____	Work Phone_____
E-Mail_____	
Occupation_____	Employer_____
Status: S M D W Sep	Spouse/Partner Name_____
Emergency Contact _____	Phone_____

Who may we thank for referring you?

\_\_\_\_\_

MEDICAL HISTORY:

Please circle all conditions that apply and indicate any medications taken below:

Fibromyalgia	Hepatitis
Thyroid Disease	Seizures
HIV/AIDS	Venereal disease
Digestive disorders	Tuberculosis
Breathing problems	Heart disease or Stroke
High blood pressure	High Triglycerides
Cancer	Lung disease
Kidney disease	Osteoporosis
Ulcer	Diabetes Mellitus
Arthritis	Anemia
Neuromuscular disease	Gallbladder disease
Psychological challenges	
Other (please specify):_____	

Surgeries - please include year performed:

\_\_\_\_\_

Hospitalizations: \_\_\_\_\_

Significant Trauma: \_\_\_\_\_

Known Allergies: \_\_\_\_\_

\_\_\_\_\_

FAMILY MEDICAL HISTORY: (please specify family member)

_____ Cancer	_____ Diabetes	_____ Hepatitis
_____ Hypertension	_____ Heart disease	_____ Stroke
_____ Asthma	_____ Alcoholism	_____ Miscarriage
_____ Autoimmune disease	_____ Other	

MEDICATIONS:

Please list any medications you have taken within the last two (2) months. Include vitamins, OTC drugs, herbs, etc. and dosages. (use back of page if necessary)

OCCUPATION:

Do you usually work indoors or outdoors?

Occupational stressors (chemical, physical, psychological, etc):

PERSONAL:

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

HABITS:

Do you smoke? \_\_\_\_\_ How much per day? \_\_\_\_\_ Since when? \_\_\_\_\_

Please describe any use of drugs for non-medical purposes:

Do you exercise regularly? \_\_\_\_\_

How many hours do you sleep in general? \_\_\_\_\_

NUTRITION:

Do you drink caffeinated beverages? If so, how many per day? \_\_\_\_\_

Do you drink alcoholic beverages? If so, how many per week? \_\_\_\_\_

How much water do you drink per day? \_\_\_\_\_

Please describe your typical daily diet by indicating servings eaten of each group below:

\_\_\_\_\_ glasses of water      \_\_\_\_\_ fruits      \_\_\_\_\_ vegetables

\_\_\_\_\_ meats      \_\_\_\_\_ fast food      \_\_\_\_\_ coffee/tea/soda

\_\_\_\_\_ breads/grains/pastas

COMPLAINTS: (please circle all that apply)

Head

Headaches  
Migraines  
Dizziness  
Memory Loss  
Unusual tastes  
Rapid Heart Beat

Mouth

Gum Problems  
Teeth Problems  
Tongue/lip sores  
Jaw clicking/pain  
Palpitations

Heart and Thorax

Low blood pressure  
Tightness in chest  
Arteriosclerosis  
Prior heart attack  
High blood pressure

Eyes

Blurred vision  
Pain  
Dryness  
Glasses  
Eyestrain  
Color Blindness  
Night blindness  
Cataracts  
Spots in front of eyes

Throat

Difficulty swallowing  
Sore throat  
Enlarged thyroid

Circulation

Bruise easily  
Cold hands/feet  
Fainting  
Phlebitis  
Varicose Veins  
Anemia

Ears

Poor hearing  
Ringing  
Frequent ear infections

Respiration

Asthma  
Bronchitis  
Chest pain  
Cough  
Coughing blood  
Difficulty breathing  
Phlegm  
Pneumonia  
Wheezing  
History of smoking

Skin

Rashes  
Change in skin/hair  
Dryness  
Dandruff  
Eczema  
Hair loss  
Hives  
Itching  
Night sweats  
Pimples  
Recent Moles  
Excessive sweating

Nose

Frequent colds  
Sinus trouble  
Allergies  
Nosebleeds  
Drainage

Gastrointestinal

Poor appetite  
Bad breath  
Excessive Hunger  
Excessive Thirst  
Belching or Heartburn  
Gas  
Abdominal pain/cramps  
Parasites  
Nausea  
Constipation  
Chronic laxative use  
Loose stools or diarrhea  
Blood in stools  
Black stools  
Hemorrhoids  
Rectal pain  
Stomach pain  
Colitis or IBS  
Gallbladder trouble

Men's issues

Prostate problems  
Discharge  
Impotence  
Frequent seminal emissions  
Fertility problems  
Ejaculatory problems  
Painful/Swollen testicles

Emotional

Depression  
Mania/Bipolar  
Anxiety  
Bad temper  
Mood swings  
Stressed

Womens's issues

Painful menstrual cycles  
Cramps or backache  
Fertility problems  
Ovarian cysts  
Excessive flow  
Endometriosis  
Light flow  
Clotting  
Irregular cycle  
Hot flashes  
Vagina discharge

Neuromuscular

Stiff neck  
Low back soreness  
Shoulder trouble  
Spinal curvature  
Knee trouble  
Pain mid back  
Swollen joints  
Painful joints  
Hip pain  
Arthritis  
Hand/wrist pain  
Knee pain

Urogenital

Frequent urination  
Difficulty urinating  
Burning urination  
Frequent UTI's  
Waking to urinate  
Retention of urine  
Dribbling of urine  
Bedwetting  
Pause of flow-urination  
Itching of genitals

Sleep

Insomnia  
Drowsiness  
Night sweats  
Sleepwalking  
Excessive Dreaming  
Not enough

Fibrocystic breasts  
Breast tenderness  
PMS  
Abnormal bleeding  
Low sex drive  
# of pregnancies\_\_\_\_  
# of births\_\_\_\_  
# of miscarriages  
# of abortions

Energy Level

Low energy  
Excessive energy  
Hard to wake up  
Energy drop in afternoon  
Sudden energy drops

Sprain  
Hernia  
Sciatica  
Numbness  
Paralysis

I have had an anaphylactic or other severe allergic reaction to the following substances:

I have been medically diagnosed for the following allergies/asthma: